



<75
Stats
WorkSheet

Shooting <75- Stats to Track & Targets

Statistic	Targets
Tee Shot Accuracy	-Minimising OB, Hazard, and Disruptions off the tee. -Mark down an 'X' on your stat sheet every time you have any of the above off the tee. <u>-Your Target here is to have no more than 1 per round</u>
Tee-Shot Playability	-Tee shots in play don't need to be on the fairway, but you do need to have a line to the green for your approach shot without any obstruction. -Mark an 'X' on the stat sheet every time this is achieved. <u>- Your Target here is to get 13/14 tee shots in Play.</u>
GIR	Put an 'X' each time you find a green in regulation. Par 3- Hitting the Green in 1 Par 4- Hitting the Green in 2 Par5- Hitting the Green in 3 <u>-Your Target is to hit 12/18 in Regulation</u>
GIR Proximity	Of the Greens you hit In Regulation put an 'X' each time you finish within 20ft or less of the pin. <u>-Your Target here is to land 7 of your GIR shots inside 20ft & 3 of them land within 8ft</u>
Scrambling	-A scramble is when you get up and down to save par on the greens you miss in regulation. <u>-Your Target here is to get up and Down 60% of the Greens you miss.</u>
Greenside Chipping Proximity	<u>-Your Target is to chip the ball within 6ft of the pin 50% of the time</u>
Total Putts	-Keep track of your total putts per Round <u>-Your Target here is to have 29 Total Putts or Less</u>
3 Putts	<u>-Your Target is to have no more than one 3 Putts Per Round</u>
Par 5 Scoring	<u>-Your Target is to average -1 to -2 on Par 5's</u>
Pre-Shot Routine	-Mark an 'X' every time you successfully carried out your Pre-Shot Routine
Post Shot Routine	-Mark an 'X' every time you successfully accepted the outcome of the shot, identified how it could have been better and moved on without the emotion from the previous shot.

10 Round Process Tracker

<75 Process Tracker	R1 Date/ Totals	R2	R3	R4	R5
Score					
Tee Shot Accuracy					
Tee Shot Playability					
GIR					
GIR Prox.					
Scrambling					
Chipping Prox.					
Total Putts					
3 Putts					
Par 5 Scoring					
Pre-Shot Routine					
Post Shot Routine					

<75 Process Tracker	R6 Date/ Totals	R7	R8	R9	R10
Score					
Tee Shot Accuracy					
Tee Shot Playability					
GIR					
GIR Prox.					
Scrambling					
Chipping Prox.					
Total Putts					
3 Putts					
Par 5 Scoring					
Pre-Shot Routine					
Post-Shot Routine					